HE

Gastroenteric, Zoonotic and Vectorborne Diseases in Ireland: Quarterly report



Quarter 1, 2024

May 2024





Sincere thanks are extended to all those who participated in the collection of the data used in this report. This includes the notifying physicians, staff in public health departments, epidemiologists, surveillance staff, microbiologists, nurses, laboratory staff and administrative staff.

Additional thanks to our colleagues in the Public Health Laboratory (PHL) in Cherry Orchard, the National Salmonella, Shigella and Listeria Reference Laboratory (NSSLRL) and the National Virus Reference Laboratory (NVRL) for ongoing collaboration, support and advice in the surveillance of gastroenteric, zoonotic and vectorborne diseases in Ireland.

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These slides may be copied and reproduced, provided HPSC is acknowledged. Suggested citation: HSE-Health Protection Surveillance Centre. Quarterly report on Gastroenteric, Zoonotic and Vectorborne Diseases in Ireland, Q1 2024. Dublin, HPSC, May 2024.

F Preventing Gastroenteritis and other Zoonotic diseases

See HPSC website for information on prevention of gastroenteritis: Gastroenteritis Fact Sheet

- Ensure that you regularly wash your hands with soap under warm running water and especially:
 - After using or cleaning the toilet
 - After attending to anyone with diarrhoea or vomiting or touching anything contaminated by diarrhoea or vomiting
 - After handling household and garden waste or rubbish (including nappies)
 - After touching or handling pets or other animals
 - On returning to the house having been working in the garden or on the farm
 - Before handling, preparing, serving, or consuming food or drink
- Cook meats and eggs thoroughly before consumption.
- Clean kitchen work surfaces and utensils with soap and water immediately after they have been in contact with raw meat.
- Wash fruit and vegetables thoroughly in clean water, especially those that will not be cooked further.

See HPSC website for travel advice for international travellers: <u>Travel Health Fact Sheet</u>

When on holiday, you should take extra travel precautions with your and your family's health and ensure your travel
vaccinations are up to date.

If anyone in your house is suffering from vomiting or diarrhoea, the toilet and other areas should be cleaned and disinfected after use. Anyone who is ill with diarrhoea or vomiting should stay off work/school until they have been symptom free for 48 hours.



See HPSC website for information on prevention of mosquito-borne diseases: Protect yourself against mosquitoes

- The best protection against mosquito-borne diseases is to protect yourself against their bites
- Avoid areas where mosquitoes live and breed, such as near standing or slow-moving water including rainwater collections, ponds, lakes and marshes
- Protect your skin from mosquito bites by wearing long sleeves, long trousers, closed shoes and hats
- Use bug spray/insect repellent and read the instructions on the label carefully before use. Your local pharmacist can advise you on the best product for your trip.
- To prevent malaria there are effective prophylactic medications that should be taken as prescribed

See HPSC website for information on prevention of tick-borne diseases: Prevent tick bites

- Protect yourself against bites as above
- Check skin, hair and warm skin folds (especially the neck and scalp of children) for ticks, after a day out
- Check for ticks and remove any from your pets/clothing/outdoor gear
- Remove any ticks and consult with a GP if symptoms develop



Additional information on minimising the risk of foodborne illness:

- www.safefood.net/food-safety
- <u>www.fsai.ie/consumer-advice/food-safety-and-hygiene</u>

Additional information on minimising the risk of zoonotic infection:

www.hpsc.ie/a-z/zoonotic/petsandotheranimals/

Additional information on minimising the risk of travel-associated infection:

- www.ireland.ie/en/dfa/overseas-travel/advice/
- <u>www.who.int/travel-advice</u>
- <u>www.hse.ie/eng/health/immunisation/pubinfo/travelvacc/</u>

Additional information on minimising the risk associated with sexual transmission of shigellosis:

- www.sexualwellbeing.ie/sexual-health/sexually-transmitted-infections/types-of-stis/shigella-in-gbmsm.html
- man2man.ie/shigella/

See Department of Foreign Affairs website for information on Zika virus in Thailand:

Since 2023, Thai authorities have reported a 300% increase in cases of Zika virus disease, with more than 800 cases identified last year. Zika virus is a mosquito-borne disease and can have serious health impacts on babies if contracted during pregnancy.

H = GZV diseases in Ireland summary, Q1 2024



| Disease category | e category Disease | | Q1 2024 | Increase/ Decrease | % Change |
|---------------------------------|---|-----|------------|-----------------------|----------|
| Bacterial IID infections | Campylobacter infection | 700 | 733 | 33 | 5% |
| | Cholera | 0 | 1 | 1 | N/A |
| | <u>Listeriosis</u> | 1 | 5 | 4 | 400% |
| | Paratyphoid | 2 | 6 | 4 | 200% |
| Salmonellosis | | 84 | 67 | -17 | -20% |
| | <u>Shigellosis</u> | 45 | 47 | 2 | 4% |
| | Typhoid | 8 | 6 | -2 | -25% |
| | Verotoxigenic Escherichia coli infection | 131 | 116 | -15 | -11% |
| | Yersiniosis | 7 | 10 | 3 | 43% |
| Viral IID infections | Noroviral infection | 548 | 672 | 124 | 23% |
| | Rotavirus infection | 70 | 126 | 56 | 80% |
| Foodborne Hepatitis | <u>Hepatitis A</u> | 7 | 18 | 11 | 157% |
| | <u>Hepatitis E</u> | 4 | 13 | 9 | 225% |
| Parasitic IID infections | <u>Cryptosporidiosis</u> | 117 | 152 | 35 | 30% |
| | Giardiasis | 76 | 92 | 16 | 21% |
| IID toxins | Clostridium perfringens (type A) food-borne disease | 0 | 4 | 4 | N/A |
| | Bacillus cereus food-borne infection/intoxication | 0 | 0 | 0 | 0% |
| | Botulism | 0 | 0 | 0 | 0% |
| | Staphylococcal food poisoning | 0 | 0 | 0 | 0% |

H GZV diseases in Ireland summary, Q1 2024 continued



H Campylobacter in Ireland, Q1 2024



| Туре | Outbreaks (N) | breaks (N) Number | | Range ill |
|---------------------|--------------------|-------------------|---------------------------------|-----------|
| Family | 1 | | 2 | N/a |
| Species | Number isolates | - | Proportion of sequenced isolate | |
| Campylobacter jejun | ni 57 | | 92% | |
| Campylobacter coli | 5 | | | 8% |
| Total | 62 | | 10 | 0%% |

- 733 cases of Campylobacteriosis notified in Q1 2024, similar to Q1 2023
- One Campylobacter outbreak notified in Q1 2024. Lower than the number of outbreaks reported for the same time period in 2023 (n=4)
- 62 Campylobacter isolates were sequenced in the sentinel Campylobacter Reference Laboratory, representing approximately 8% of campylobacteriosis cases notified
- 92% of isolates sequenced were *C. jejuni*

Data source: Computerised Infectious Diseases Reporting (CIDR) system 22/04/2024 and Public Health Laboratory, Cherry Orchard 07/05/2024

H Cryptosporidiosis in Ireland, Q1 2024



Quarter and Year of notification

| | Ν | % where known |
|-------------------------|-----|---------------|
| Indigenous | 142 | 96% |
| Travel-related | 6 | 4% |
| Travel status not known | 4 | n/a |
| Total | 152 | |

| Туре | Outbreaks (N) | Number ill | Median ill | Range ill |
|--------|---------------|------------|------------|-----------|
| Family | 12 | 29 | 2 | 2-4 |

- 152 cases of cryptosporidiosis notified in Q1 2024, higher than in Q1 2023 (n=117).
- 12 Cryptosporidiosis outbreaks notified in Q1 2024. Higher than the number of outbreaks reported for the same time period in 2023 (n=6)
- 96% of cases in Q1 2024 were reported as indigenous (where travel status was known).

HE Dengue Fever in Ireland, Q1 2024



*Likely region of infection is a composite variable using country of infection data as well as free text comments indicating travel to one or more countries where definitive country of infection could not be determined.

| | Q1 2023 Q | Q1 2024 % | 6 Change |
|-----------------|-----------|-----------|----------|
| Number of cases | 1 | 11 | +1000% |
| Number | | | |
| hospitalised | 0 | 2 | NaN |

• There was an increase in Dengue Fever notifications in Q1 2024 with 11 cases compared to 1 in Q1 2023.

- Most cases notified in 2023 and Q1 2024, where travel history was known, returned from the Americas.
- This is likely connected to an ongoing outbreak of Dengue Fever that started in the second half of 2023.

Data completeness related to countries of travel is low. Therefore, caution is advised when interpreting these data.

Hepatitis A in Ireland, Q1 2024





| | Ν | % where known |
|-------------------------|----|---------------|
| Indigenous | 7 | 58% |
| Travel-related | 5 | 42% |
| Travel status not known | 6 | n/a |
| Total | 18 | |

| Туре | Outbreaks (N) | Number ill | Median ill | Range ill |
|---------|---------------|------------|------------|-----------|
| General | 2 | 5 | 3 | 2-3 |

- 18 cases of Hepatitis A notified in Q1 2024, higher than in Q1 2023 (n=7).
- 2 Hepatitis A outbreaks notified in Q1 2024. Higher than the number of outbreaks reported for the same time period in 2023 (n=0)
- 58% of cases in Q1 2024 were reported as indigenous (where travel status was known).

Data source: Computerised Infectious Diseases Reporting (CIDR) system 22/04/2024

Hepatitis E in Ireland, Q1 2024



| Country of Infection | Ν | % where known |
|----------------------|----|---------------|
| Ireland | 4 | 80% |
| Unknown | 1 | n/a |
| Not specified | 8 | n/a |
| Total | 13 | |

- 13 cases of Hepatitis E notified in Q1 2024, higher than in Q1 2023 (n=4).
- No Hepatitis E outbreaks were reported in Q1 2024.
- Country of Infection (COI) was reported as Ireland for 80% of cases in Q1 2024 (where Country of Infection data were complete). COI was complete for 38% cases in Q1 2024.

\mathcal{H} Leptospirosis in Ireland, Q1 2024





Quarter and Year of notification

| | Q1 2023 Q1 | 2024 % | Change |
|------------------------|------------|--------|--------|
| Number of cases | 4 | 5 | +25% |
| Number hospitalised | 3 | 3 | 0% |

- There were 4 notified cases of leptospirosis in Q1 2024, similar to Q1 2023 (n=5) and a decrease from 20 in Q4 2023
- There were 44 notified cases of leptospirosis in 2023. Prior to 2023, the highest number of notifications in the last five years was 26 cases in 2020.

HE Listeriosis in Ireland, Q1 2024

Number of isolates

3

6





| Adult/Juvenile case Principal Diagnosis | Number of cases | Pregnancy related case outcome | Number of cases |
|--|-----------------|-----------------------------------|--------------------|
| Meningitis | 1 | Still pregnant | 1 |
| Not specified | 2 | Live birth | 1 |
| Total | 3 | Total | 2 |

- Five cases of listeriosis notified in Q1 2024, increased from one case notified in Q1 2023
- Three cases were adult/juvenile cases and two were pregnancy related cases
- Six isolates of *Listeria monocytogenes* were sequenced in the NSSLRL*
- The most frequently seen serotype in Q1 2024 was 1/2b
- There were no outbreaks of listeriosis reported in Q1 2024

*The number of isolates sequenced in the NSSLRL may not match the number of cases notified, as dates are based on date received in the laboratory which may not align with notification date. Furthermore, additional isolates for mother/baby pairs may be sequenced in the NSSLRL but only the mother will be notified as a listeriosis case in line with the <u>lrish case definition</u>.

Serotype

Total

Listeria monocytogenes 1/2b

Listeria monocytogenes 1/2a

Listeria monocytogenes 4b

Data source: Computerised Infectious Diseases Reporting (CIDR) system 22/04/2024 and National Salmonella, Shigella and Listeria Reference Laboratory (NSSLRL)

HE Malaria in Ireland, Q1 2024









Other

Not Reported

| | Q1 2023 (| ຊ1 2024 | % Change |
|-----------------|-----------|---------|----------|
| Number of cases | 10 | 11 | +10% |
| Number | | | |
| hospitalised | 3 | 3 | 0% |

- 11 cases of malaria reported in Q1 2024 in Ireland. This is similar to Q1 2023 (n=10).
- Nigeria is the most commonly reported country of infection in Q1 2024 (27%), similar to Q1 2023 (20%).
- Visiting country of origin is the most commonly reported reason for travel in Q1 2024 (55%) compared to 30% in Q1 2023

*Data completeness for reason for travel and country of infection is low. Therefore, caution is advised when interpreting these data.

Business/Professional Travel

■ Civilian sea/air crew

H Norovirus and Acute Infectious Gastroenteritis (AIG) in Ireland, Q1 2024





| Location | Outbreaks (N) | | Total Number ill | | Median ill | | Range ill | |
|---------------------------|---------------|-----|------------------|-----|------------|-----|-----------|------|
| | Noro | AIG | Noro | AIG | Noro | AIG | Noro | AIG |
| Hospital | 35 | 2 | 369 | 8 | 11 | 4 | 2-146 | 4-4 |
| Nursing home | 31 | 20 | 712 | 372 | 23 | 19 | 4-52 | 6-36 |
| Residential institution | 6 | 8 | 128 | 63 | 21 | 8 | 13-29 | 2-16 |
| Comm. Hosp/Long-stay unit | 6 | 2 | 80 | 10 | 13 | 5 | 8-27 | 3-5 |
| Total | 78 | 32 | 1289 | 453 | 17 | 14 | 2-146 | 2-36 |

 There were 672 cases of Norovirus infection notified in Q1 2024, increased from 548 in Q1 2023

 78 Norovirus and 32 AIG outbreaks were reported in Q1 2024. All were in health care settings.

Data source: Computerised Infectious Diseases Reporting (CIDR) system 22/04/2024

\mathcal{H} Salmonellosis in Ireland, Q1 2024





| Outbreak Type | Number of outbreaks | Total number ill | Range number ill |
|------------------|---------------------|---------------------|---------------------|
| Family | 3 | 6 | 2-2 |
| General | 0 | N/A | N/A |
| Total | 3 | 6 | 2-2 |

| | Tr | T | | | |
|---|----------|----------|---------|-------|--|
| Serotype | Domestic | Travel | Unknown | Total | |
| Salmonella Enteritidis | 7 | 9 | 2 | 18 | |
| Salmonella Typhimurium inc. monophasic Typhimurium | 12 | 5 | 0 | 17 | |
| Other serotypes | 11 | 16 | 5 | 32 | |
| Total | 30 | 30 | 7 | 67 | |

- 67 cases of salmonellosis were notified in Q1 2024, decreased from 84 in Q1 2023
- Where travel history was known, 50% of cases were travel-associated and 50% were domesticallyacquired
- Among domestic cases, infection with S. Typhimurium was more common, while infection with S. Enteritidis was more common among travel-associated cases
- Three outbreaks of salmonellosis were notified in Q1 2024

H Genomic analysis of non-typhoidal Salmonella in Ireland, Q1 2024



| Serotype | Number of isolates | Proportion of sequenced isolates |
|--|-----------------------|--|
| Salmonella Enteritidis | 19 | 30% |
| <i>Salmonella</i> Typhimurium inc. monophasic Typhimurium | 18 | 28% |
| Salmonella Chester | 6 | 9% |
| Salmonella Bareilly | 3 | 5% |
| Salmonella Infantis | 2 | 3% |
| Other serotypes | 16 | 25% |
| Total | 64 | 100% |

| Specimen type | Number of isolates | | |
|---------------|--------------------|--|--|
| Faeces | 58 | | |
| Blood | 5 | | |
| Other | 1 | | |
| Total | 64 | | |

*The number of isolates sequenced in the NSSLRL may not match the number of cases notified, as dates are based on date received in the laboratory which may not align with notification date. Furthermore, isolates may be sequenced in the NSSLRL for cases that do not meet the criteria for notification under the <u>lrish case definition</u>.

| Antimicrobial class | Number isolates with resistance markers | Proportion of sequenced isolates |
|------------------------------------|---|--|
| Quinolones | 32 | 50% |
| Tetracycline | 17 | 27% |
| Sulphonamides | 15 | 23% |
| Ampicillin | 13 | 20% |
| Chloramphenicol | 2 | 3% |
| Trimethoprim | 2 | 3% |
| Third generation cephalosporins | 1 | 2% |
| Aminoglycosides | 1 | 2% |

- 64 non-typhoidal Salmonella (NTS) isolates were sequenced in the NSSLRL in Q1 2024^{*}
- The most frequently seen serotypes were S. Enteritidis and S. Typhimurium
- 8% of isolates were from bloodstream infections
- Antimicrobial resistance is predicted based on whole genome sequencing (WGS) data

HE Shigellosis in Ireland, Q1 2024





| Trovol | C | hild | Adult F | emale | Adult | Male | Тс | otal |
|----------------------------|---|------|---------|-------|-------|------|----|------|
| Travel | Ν | % | N | % | Ν | % | Ν | % |
| Domestic | 2 | 40% | 4 | 36% | 14 | 45% | 20 | 43% |
| Travel - Europe | 0 | 0% | 1 | 9% | 8 | 26% | 9 | 19% |
| Travel - Outside Europe | 3 | 60% | 4 | 36% | 5 | 16% | 12 | 26% |
| Unknown | 0 | 0% | 2 | 18% | 4 | 13% | 6 | 13% |
| Total | 5 | 100% | 11 | 100% | 31 | 100% | 47 | 100% |

| Outbreak Type | Number of outbreaks | Total number ill | Range number ill |
|------------------|---------------------|---------------------|---------------------|
| Family | 2 | 4 | 2-2 |
| General | 0 | N/A | N/A |
| Total | 2 | 4 | 2-2 |

- 47 cases of shigellosis were notified in Q1 2024 (39 confirmed and 8 probable), comparable to 45 in Q1 2023
- Where travel history was known, 49% of cases were domestically-acquired, 29% were associated with travel outside Europe and 22% were associated with travel to another European country
- Adult males continue to be the group most affected as sexual transmission among gay, bisexual and other men who have sex with men (gbMSM) is a <u>key feature of shigellosis in Ireland</u>
 - Two outbreaks were notified during Q1 2024

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H Genomic analysis of Shigella in Ireland, Q1 2024



| Serotype | Number of isolates | Proportion of sequenced isolates |
|-------------------|-----------------------|-------------------------------------|
| Shigella sonnei | 14 | 48.3% |
| Shigella flexneri | 14 | 48.3% |
| Shigella boydii | 1 | 3.4% |
| Total | 29 | 100% |



*The number of isolates sequenced in the NSSLRL may not match the number of cases notified, as dates are based on date received in the laboratory which may not align with notification date. Furthermore, according to the <u>Irish case definition</u> probable cases of shigellosis may be notified when *Shigella* spp. nucleic acid is detected in a clinical specimen in the absence of subsequent culture confirmation.

- 29 Shigella isolates were sequenced in the NSSLRL in Q1 2024*
- The most frequently seen serotypes were S. sonnei and S. flexneri
- Antimicrobial resistance is predicted based on whole genome sequencing (WGS) data:
 - 83% of isolates were predicted to be fluroquinolone resistant, increased from 72% in 2023^{*}
 - 55% were predicted to be azithromycin resistant, increased from 40% in 2023*
 - 34% were predicted to be resistant to third generation cephalosporins, unchanged from 34% in 2023*
 - 31% were predicted to be resistant to all three classes of antimicrobials, increased from 21% in 2023*

*full year data

Data source: National Salmonella, Shigella and Listeria Reference Laboratory (NSSLRL)

H= Typhoid and Paratyphoid in Ireland, Q1 2024



🔳 Typhoid 🔳 Paratyphoid



Asia Europe* Africa Americas Unknown

- Six cases of typhoid were notified in Q1 2024, decreased from eight cases notified in Q1 2023
- Six cases of paratyphoid were notified in Q1 2024, increased from two cases notified in Q1 2023
- Where travel history was known, 56% of cases travelled to Asia, most frequently to India or Pakistan

* Ireland was reported as country of infection for a small number of cases. These infections were typically secondary infections, following return of a close contact from an endemic country or were laboratory-acquired infections.

H Genomic analysis of Salmonella Typhi and Paratyphi in Ireland, Q1 2024



| Antimicrobial class | Number of isolates with resistance determinants | Proportion of sequenced isolates |
|--------------------------------|---|--|
| Quinolones | 7 | 70% |
| Ampicillin | 1 | 10% |
| Chloramphenicol | 1 | 10% |
| Sulphonamide | 1 | 10% |
| Trimethoprim | 1 | 10% |
| Aminoglycosides | 0 | 0% |
| Tetraracycline | 0 | 0% |
| Third generation cephalosporin | 0 | 0% |

*The number of isolates sequenced in the NSSLRL may not match the number of cases notified, as dates are based on date received in the laboratory which may not align with notification date. Furthermore, isolates may be sequenced in the NSSLRL for cases that do not meet the criteria for notification under the Irish case definitions for typhoid and paratyphoid.

Data source: National Salmonella, Shigella and Listeria Reference Laboratory (NSSLRL)

- 10 isolates of Salmonella Typhi (n=4), S.
 Paratyphi A (n=3) and S. Paratyphi B (n=3) were sequenced in the NSSLRL in Q1 2024*
- Antimicrobial resistance is predicted based on whole genome sequencing (WGS) data: 70% of isolates sequenced were predicted to be resistant to quinolones, while none were predicted to be resistant to third generation cephalosporins, decreased from 37.5% with predicted third generation cephalosporin resistance in Q1 2023.

H VTEC in Ireland, Q1 2024





| Туре | Outbreaks (N) | Number ill | Median ill | Range ill |
|---------|---------------|------------|------------|-----------|
| General | 1 | 10 | N/A | N/A |
| Family | 2 | 4 | 2 | N/A |
| Total | 3 | 14 | N/A | N/A |

| Patient type | Number of cases | Proportion of cases |
|------------------------|--------------------|------------------------|
| Hospital Inpatient | 50 | 43% |
| GP Patient | 48 | 41% |
| A&E Patient/Outpatient | 13 | 11% |
| Other | 1 | 1% |
| Unknown | 4 | 3% |
| Total | 116 | 100% |

| | Bloody | Bloody diarrhoea | | IUS |
|---------------|--------|--------------------|-----|-----------------|
| | N | % (where known) | Ν | % (where known) |
| Yes | 28 | 28% | 1 | 1% |
| No | 67 | 68% | 70 | 85% |
| Unknown | 4 | 4% | 11 | 13% |
| Not specified | 17 | N/A | 34 | N/A |
| Total | 116 | N/A | 116 | N/A |

$\int \tilde{z}$ Genomic analysis of VTEC in Ireland, Q1 2024



| Serogroup | Verotoxin | N | % | eae p | eae positive | | ehxA positive | |
|------------------------|-----------|----|-----|-------|--------------|----|---------------|--|
| | | | 70 | Ν | % | Ν | % | |
| <i>E. coli</i> O157 | vt1 | 0 | 0% | 0 | N/A | 0 | N/A | |
| | vt2 | 6 | 35% | 6 | 100% | 5 | 83% | |
| | vt1 + vt2 | 11 | 65% | 11 | 100% | 11 | 100% | |
| <i>E. coli</i> O26 | vt1 | 4 | 31% | 4 | 100% | 4 | 100% | |
| | vt2 | 0 | 0% | 0 | N/A | 0 | N/A | |
| | vt1 + vt2 | 9 | 69% | 8 | 89% | 9 | 100% | |
| Other serogroups | vt1 | 21 | 40% | 3 | 14% | 13 | 62% | |
| | vt2 | 19 | 37% | 3 | 16% | 4 | 21% | |
| | vt1 + vt2 | 12 | 23% | 2 | 17% | 10 | 83% | |

*The number of isolates sequenced in the Public Health Laboratory, Cherry Orchard (Reference Laboratory) may not match the number of cases notified, as dates are based on date received in the laboratory which may not align with notification date. Furthermore, isolates may be sequenced in the Reference Laboratory for cases that do not meet the criteria for notification under the Irish case definitions for <u>VTEC</u>.

Data source: Computerised Infectious Diseases Reporting (CIDR) system 22/04/2024 and Public Health Laboratory, Cherry Orchard 07/05/2024

- 116 cases of VTEC notified in Q1 2024, lower than in Q1 2023 (n=131)
- 43% were hospital inpatients
- One case of HUS in Q1 2024, decreased from seven cases of HUS in Q1 2023
- 3 VTEC outbreaks were reported, including 1 outbreak in a residential institution.
- 82 isolates were sequenced in the VTEC Reference Laboratory*
- The most common serogroups reported among culture confirmed cases were as follows: O157 (21%; n=17), O26 (16%; n=13), O91 (7%; n=6), O78 (6%; n=5) and O145 (5%; n=4)