

HOW TO TAKE OFF PERSONAL PROTECTIVE EQUIPMENT (PPE)

The order for removal of PPE is shown here; this is to minimise potential for cross contamination

Remember to perform hand hygiene if your hands become contaminated at any stage during removal of PPE



1
Remove gloves, if worn. Grasp the outside of the glove with the opposite hand & peel off. Hold the removed glove in the remaining gloved hand. Slide the fingers of the un-gloved hand under the remaining glove at the wrist. Peel the remaining glove off over the first glove & discard. **Perform hand hygiene**



3
Remove eye protection, if worn. Use both hands to grasp the arms of goggles or straps of visor to pull away from face and discard.



4
Remove apron, if worn. Unfasten or break ties at the neck and let the apron fold down on itself. Break ties at waist & fold in on itself. Do not touch the outside.



5
Remove gown, if worn. Unfasten or break ties at neck and waist. Peel off gown from the shoulders and roll away from the body. The front of the gown and sleeves will be contaminated. Do not touch the outside.



6
Remove mask/respirator, if worn. Mask/respirator should always be removed outside the isolation area or in the anteroom. Lean forward slightly, grasp the ties/straps/ear loops from the top of the head or behind the ears and gently pull off the facemask/respirator. Do not touch the front of the mask. Do not reuse.



7
Risk assess disposal of PPE. Dispose as healthcare risk waste if contaminated with infectious material or blood stained. Dispose as non-risk waste if not contaminated.



8
Perform hand hygiene

