## 3.5 Rotavirus

## Summary

Number of cases: 2,514 Crude incidence rate: 54.8/100,000 population

Rotavirus is the commonest global cause of paediatric gastrointestinal infection and causes sporadic, seasonal and occasionally severe gastroenteritis of infants and young children, characterised by vomiting, fever and watery diarrhoea. Transmission is usually person-toperson, mainly via the faecal-oral route. Children less than two years of age are most susceptible to infection, although cases are often seen in elderly and immunocompromised adults, particularly in institutional settings. By the age of six years old, virtually all children will have had at least one episode of rotavirus infection. Symptoms usually last for only a few days but in severe cases hospitalisation may be required due to dehydration. In developed countries, mortality due to rotavirus is low; however, the morbidity and economic costs associated with infection are significant. Three primary serogroups of rotaviruses infect humans; A, B and C; A being the commonest infecting serogroup. Given the universal distribution of rotavirus, the numbers of notifications will always represent an underestimate of the true incidence and are likely to be more reflective of habits of presentation to medical practitioners and of styles of investigation, notification and testing.

Since 2004, rotavirus, although not specifically listed, has been a notifiable disease in Ireland under the Acute Infectious Gastroenteritis (AIG) disease category. Prior to 2004, rotavirus caress were notified in the former notification category of "Gastroenteritis in children under two years". In April 2008 the case definition of AIG was amended specifying definitions for both rotavirus and the newly notifiable *Clostridium difficile* associated disease. On 4<sup>th</sup> May 2008, these amended definitions formally replaced the previous



Figure 1: Rotavirus 2013 CIR compared to 2004-2012 mean CIR by HSE area (CIDR).

AIG case classification. Rotavirus became notifiable as a disease in its own right under the Infectious Diseases (Amendment) Regulations 2011 (S.I. No. 452 of 2011).

## Rotavirus case definition:

A case of rotavirus infection is defined as a patient with acute onset of vomiting followed by watery diarrhoea with fever, which typically lasts between three and eight days, <u>AND</u> one of the following laboratory criteria for diagnosis:

- Detection of rotavirus by antigen assay
- Detection of rotavirus-specific RNA

- Detection of rotavirus by electron microscopy
- Isolation of rotavirus

During 2013, there were 2,514 cases of rotavirus notified in Ireland, corresponding to a national crude incidence rate (CIR) of 54.8 per 100,000 population and representing a decrease of 5.2% compared to 2012.

Significant geographical variation was observed in regional rotavirus CIR. The highest regional CIRs were observed in HSE-M (116.9/100,000 population) and HSE-SE (84.2/100,000 population). The lowest regional CIR was observed in HSE-E at 31.0 per 100,000 and



Figure 2: Rotavirus notifications by month during 2013 compared to mean monthly notifications, 2004-2012 (CIDR).



Figure 3: Number of cases of rotavirus in children less than two years of age by year, 2001 to 2013

HSE-MW at 44.8 per 100,000 population. Figure 1 illustrates the rotavirus CIR by HSE area for 2013 compared to the mean CIR during 2004-2012.

Rotavirus infection has a well-documented seasonal pattern in Ireland with the number of cases typically peaking during March to May. During 2013, rotavirus notifications peaked during April (n=787) and May (n=740). Figure 2 illustrates the seasonal variation in rotavirus cases by month of notification for 2013 compared to the mean monthly number of notifications reported during 2004 to 2012.

Rotavirus is the most common cause of acute gastroenteritis in children worldwide with children generally affected in the first 2-3 years of life. In 2013, 66.6% (n=1,674) of cases were aged two years or under. From 2004 to 2013, data shows that the peak incidence of clinical disease occurred in the 6-18 month age group, with 54.4% of total notifications in this age group. Figure 3 presents the number of cases of rotavirus in children less than two years of age by year, 2001 to 2013.

During 2013, 1,163 cases (46.3%) were female and 1,342 (53.4%) were male. Sex was not reported for 9 (0.4%) cases. This represented a ratio of females: males of 0.9:1.2, which was similar to the ratio observed in previous years.

One outbreak of rotavirus was notified during 2013 with two cases of associated illness, both of whom were hospitalised. This was a family outbreak that occurred in a private home with mode of transmission reported as person to person spread.